



Opening Procedures

August 2021 - Welcome Back!

Employee Health & Safety Measures:

- All Goodwin Studio's instructors and staff will wear masks, and will only. Gloves and plastic face shield coverings are optional.
- If you have traveled abroad, been near someone who has traveled, please wait 14 days before coming into the studio or take a covid-19 test to ensure you are well. We will continue our online platform of classes.
- If you have a fever of 99.8 F or above, a sore throat, loss of taste, cough, or any other symptom of being ill, we ask you to remain at home and you will be asked to leave the studio.
- If you suspect that anyone at your home or work is sick please call to reschedule your appointment.
- We have placed a "no hands' payment system. You can keep your credit card on file with us or pay us via Venmo, cash or check and we will email you a receipt.

Guidelines for Clients:

- All persons entering the studio must wear a protective facemask. Gloves are optional but must be put on once in the studio (not prior). We will have masks available if you forget yours.
- Upon arrival we will be taking your temperatures.
- Clients need to bring and provide for themselves, socks (now mandatory).
- Upon arrival for your appointment, we ask that you kindly wait in your car or outside our studio doors in order to keep adequate social distance and to minimize the amount of persons in the studio.
- Social distancing of 6 feet or more will be required. If you arrive early, you may prefer to wait in your car before your appointment.
- We ask that all clients minimize the belongings brought into the studio, and leave all unnecessary items in their car.
- Upon entering, all clients need to wash hands from our sinks or use sanitizer. When exiting, the studio we also advise using hand sanitizer. Hand sanitizer will be provided on premises with 70 % or more alcohol.
- Remove your shoes and place them outside or just inside the door.

Daily Operations:

- All appointments will be placed 15 minutes apart so that instructors and staff can properly disinfect machines and to reduce interaction with other people.
- All appointments are 50-55min and will include cleaning time as well to ensure the safety of you and others.
- Client appointments will be scheduled on a staggered basis as best as we can in order to reduce the number of clients and staff in the studio.
- A maximum of 3 clients will be scheduled at any given time during the day.

Sanitizing and Cleaning Protocols:

- The doors and windows of the studio will remain open during studio hours. We have purchased multiple Austin Air units, (hospital-grade air purifiers), that will be run on high in-between clients to cleanse bacteria and viruses.
- We have a UV-C light, hand sanitizer, disinfectant sprays, etc.
- All surfaces will be thoroughly cleaned and disinfected including the front office area, doorknobs, light switches, countertops, desks, keyboards, sinks, faucets, equipment, accouterments, and anything else touched during the session.
- We will be washing equipment straps in-between each client.
- The Gardens Building has in place required facemasks as you walk through the hallways and enter restrooms, multiple sanitizer stations throughout the building, and has instilled a cycle for all bathrooms to be cleaned on the hour.

Please keep in mind that many of our clients are at high risk due to age or pre-existing conditions and that your choices impact those who visit our studio.

We appreciate your diligence and look forward to offering you a healing and rejuvenating session.